



PETERBOROUGH GIRLS HOCKEY ASSOCIATION

POLICIES & PROCEDURES

Effective March 2024

Tryout Policy	
Version: 2	Effective Date: March 6, 2024
Approved By:	Review/Revise Date: January 31, 2026

TRYOUT POLICY

Policy Statement

Tryouts will be held as directed by the OWHA. Typically, tryouts are allowed to begin the Wednesday following OWHA Provincials and can run until the end of May. Dates and times will be posted to the website once confirmation from OWHA is received, tryout dates and times will be dependent on Ice Allocation each season.

Further tryouts may take place in late August/early September based on specific needs. Fees for tryouts will be determined yearly by the PGHA Executive. U9 to U18 players must purchase a tryout passport which will cover all tryouts attended by the player. U22 and/or Senior tryouts and tryout packages will be determined based on player interest.

OWHA and PGHA Code of Conduct and Fair Play Policy are to be signed by players and parents at time of registration for tryouts. These policies are listed in the RAMP registration page, as well as located on the PGHA website for future reference. By acknowledging receipt of these documents in RAMP, members are agreeing to the terms contained within the documents. Should a player or parent/guardian refuse to agree to the terms, they will forfeit their privilege of membership with the PGHA/OWHA.

Current PGHA registered players with outstanding registration/team fees will not be permitted to attend tryouts until outstanding balances are paid in full.

Registration for Tryout

Any player that would like to try out for the Representative teams will need to register through RAMP and select the tryout package for the correct division. There will be a one-time tryout fee for the tryouts. This fee is to be paid prior to the start of tryouts either by credit card through RAMP or by sending an e-transfer to treasurer@pgha.net. When sending an e-transfer, you must include the player's name and division trying out for. Tryout fees are nonrefundable.



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Minimum Tryout Requirement

To be considered for a rep team, all Rep players are expected to challenge themselves and to play at the highest level they can. Therefore, each player must tryout at a minimum of **2 levels** above where they played last season. Moving up an age division shall be considered one level for the purposes of this policy.

For Example:

- I. Minor aged players that are remaining at the same division must start tryouts **at minimum** two levels above their current level. For example:
 - a. U13BB player start at U13AA
 - b. U18B player start at U18A

- II. Major aged players that are moving up a division must start tryouts, **at a minimum**, two levels (one being age) above where they played the previous season. For example:
 - a. U13BB player start at U15A

- III. "AA" players must start tryouts at "AA"

Any player may choose to begin tryouts at the AA level.

Parent Information

At the beginning of each tryout, coaches will advise parents of team expectations (approximate number of ice times a week, dryland training, number of tournaments, etc.). We recognize that different teams run different budgets that might not meet the needs of all families. Parents should be provided with the required time and financial expectations in order to make an informed decision before having to commit to a team.

Playing at the correct level

Except for the circumstances outlined below (see opt out), players will not be permitted to drop down a level if they have been offered a spot on a team at a higher level. If a player trying out for a team is offered a spot on a PGHA team, the player must play at that level. The role of the Peterborough Girls Hockey Association is to develop all players and to do this correctly, players should be playing at the appropriate level of play. Regardless of skill level, any player who declines an offer to play on a Rep team may be placed in house league for the season.



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Opt-Out

Each team shall have 2 opt-outs. If a player, who would reasonably make the team, wishes to be released and to play at a lower level, this will be allowed for 2 players per team, on a first come, first serve basis. Players must advise the head coach and the VP of rep hockey, via email of this request. Any requests above and beyond the 2 opt-outs must be presented for Executive Board approval.

Player Selection

Each team will be provided a minimum of 3 tryouts/ice times for selection purposes. Player releases will be permitted after the first tryout (with the exception of U9). First teams will finalize to a maximum of 15 skaters plus 2 goaltenders for a total not to exceed 17 total players. A minimum of 13 players and 1 goalie are required for each team and for any reason a team wants to roster a team under the minimum a written request must be brought to PGHA Executive for approval prior to the end of tryouts for consideration.

Players must attend 75% of all tryout sessions to be considered for a team and must provide written notification (i.e. email) to the head coach if they will be missing any tryouts.

If a player for a specific reason (injury, illness, etc.) cannot take part in the tryouts and still wishes to try out for a Rep team, they must submit a request in writing to the head coach and the VP of Rep Hockey, outlining their reasons for missing tryouts, and be granted approval by the VP of Rep Hockey for further participation at the Rep level. If the reason for missing tryouts is deemed inappropriate, then that player will be ineligible for Rep participation for that particular year.

Injuries/sickness must be confirmed in writing by a player's doctor. Any player who is sick or injured during tryouts will be evaluated on their past performance and on their performance to date in any tryouts they were able to attend. It is at the discretion of the team to choose that player for that team based on skill set. Players missing tryouts for other reasons may be allowed to tryout at the next level at the discretion of the VP Rep Hockey.

All tryouts must have evaluators and on-ice instructors who are not connected to the team (i.e. do not have a player trying out for the team) and have no known conflicts of interest with any players trying out.



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Player Releases

Player releases and selections will be done by way of electronic release utilizing the PGHA website. Player releases will be permitted after the first tryout, with the exception of U9 & final teams. Final releases can be made in person at the discretion of the Head Coach, this must be communicated with the PGHA Executive prior to the start of trout. When releasing or selecting a player in person, the conversation must take place privately in a designated dressing room or meeting room. All players will be released or selected to the team by a minimum of the Head Coach and an Executive member present in the designated room.

Constructive feedback is essential when releasing a player. Every effort must be made to avoid damaging the self-esteem or confidence of any player being released.

A list of released players is to be given to the registrar by the head coach following every tryout.

The Electronic Player Release Process is outlined below and includes responsible parties for each action:

PGHA Electronic Player Release Process

Action Item	Responsibility	Notes
Current player list assembled and uploaded to the team's website tryout page in advance of tryouts	Webmaster/ Registrar/ Scheduler	
Player list to head coach 24 hrs prior to the start of tryouts	Registrar/ Scheduler	List will include name, position, List will not include tryout numbers
Players released from tryouts will be updated on the team's website tryout page	Coach	Releases must be posted, at minimum, 12 hours before the next tryout.
The process can be repeated until the final tryout. Final releases/selections can be conducted in person or electronically.	Coach	Please refer to PGHA Policy and procedures for in person release process



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Permission to Tryout (PTT)

A player must receive a Permission to Tryout or a release from their last registered OWHA association or OWHA independent team in order to be eligible to attend tryouts in an association that is not their home base.

NOTE: Permission to Tryout Forms are not made available from associations until Tryout Dates are released by the OWHA. In order to receive a Permission to Tryout you must complete the form posted on the website (when available) and submit it to your home organization.

A player playing for the PGHA may not play for any other association, exception requests to this policy need to be made to the VP of Rep Hockey to take to the PGHA executive for consideration.

Import Player

See Non-Resident Policy

Player Movement

Every player will register and play for the team in their own age group, except a player with outstanding ability who may play for a team in an older age category subject to the Constitutions of the Peterborough Ice Kats and OWHA with approval by the PGHA, their parents and the respective coach.